

Community Forum

Private Bag 4999

Christchurch 8140

Meeting notes for the meeting of the Community Forum

19 March 2015, 6pm

Cambridge Room, Canterbury Club, Christchurch

Present:	Community Forum members: Richard Ballantyne, Gill Cox, Martin Evans, Rachael Fonotia, Wendy Gilchrist, Ruth Jones, Tom McBrearty, Trevor McIntyre, Jocelyn Paprill, Faye Parfitt, John Peet, Emma Twaddell, Brian Vieceli, Darren Wright
Apologies:	Community Forum members: Leah Carr, Weng Kei Chen, Maria Godinet-Watts, Deborah McCormick, Rachel Vogan, John Wong Hon Nicky Wagner, Associate Minister for Canterbury Earthquake Recovery
Chair:	Darren Wright
In Attendance:	Sheridan Smith, Director, Ministerial and Executive Services, CERA Phil Clearwater, Councillor, Christchurch City Council Denise Kidd, General Manager, Community Resilience, CERA (first item only) Lucy D'Aeth, Co-Chair of the Psychosocial Committee (first item only) Chris Jansen, Consultant, Leadership Lab (first item only) Stuart Martin, Team Leader, Psychosocial Recovery, Red Cross (first item only) Sue Turner, All Right? Manager, Canterbury District Health Board (first item only) Ingrid Gunby, Project Lead, Lyttelton Port Recovery Plan, Environment Canterbury (second item only) Felicity Price, Lead Adviser, Corporate and Recovery, Environment Canterbury (second item only) Andrew Hammond, Principal Advisor, Recovery Plans, CERA (second item only) s9(2)(a), Advisor, Ministerial and Executive Services, CERA

Agenda

The Community in Mind Psychosocial Strategy and the Shared Programme of Action

Denise Kidd – CERA

Lucy D'Aeth – Psychosocial Committee

Chris Jansen – Leadership Lab

Stuart Martin – Red Cross

Sue Turner – Canterbury District Health Board

Discussion:

1. Lucy D'Aeth introduced herself and the group to the Community Forum and explained Psychosocial Recovery. She explained the intention of the Community in Mind Psychosocial Strategy and Shared Programme of Action (SPOA) is to support psychosocial recovery in Canterbury. The presentation is at **Attachment A**.
2. Sir Peter Gluckman's paper, *The psychosocial consequences of the Canterbury earthquakes*, was recommended to the Forum.
3. The Forum heard how good management of the community's psychosocial needs can help minimise mental illness but primary (the earthquake), secondary (aftershocks, insurance claims) and tertiary stresses (quality of repairs, employment, house prices) can make it worse.
4. The Forum was shown the predicted timeframe for psychosocial recovery (5-10 years) and the presenter emphasised that "we are not in recovery until we are all in recovery".
5. The Forum was interested in the CERA Wellbeing Survey which included the World Health Organisation's (WHO) WHO-5 Index. The survey questions were developed with reference to other survey questionnaires and research and the process involved working with a range of partner agencies (including Councils, the Canterbury District Health Board and the Ministry of Education). The presenter explained the mean score on the Index was 13.9. Forty-three per cent of the population fell below that score, which painted a worrying picture of mental health in Canterbury. The optimal score for the Index is 25.
6. The Forum asked if similar surveys had been conducted in the rest of New Zealand. The presenter explained Canterbury was the only place this sort of survey had been done. The WHO-5 Index has been used in Europe where approximately 20 per cent of the population scored below 13. The presenter remarked that even though a comparison could not be made within New Zealand, there was still a case to raise the mean score. The Forum concluded it would be useful to compare Canterbury's results and trends with samples from the rest of the country.
7. The presenter mentioned there are comparable statistics in New Zealand for youth wellbeing and noted the only large difference between Canterbury and New Zealand in those statistics relates to trauma.
8. The Forum is also interested in an in depth geographical breakdown of survey results within Canterbury.
9. The Community in Mind Strategy is implemented through the SPOA and it is overseen by the Psychosocial Committee. The Psychosocial Committee is a subcommittee of the Community Wellbeing Planners Group.
10. Part of the solution to Canterbury's low wellbeing scores is in the activities of the various contributing members of the Psychosocial Committee and their contribution to the SPOA.
11. The Forum indicated the SPOA needs to exist beyond 2017 and will need to be

informed by regular research updates from the Wellbeing Survey.

12. The SPOA will be launched in April/May but already many of the SPOA activities are underway.

Leadership in Communities (LinC)

13. Chris Jensen introduced LinC which promotes the community-led recovery needed for people to connect, belong and contribute. LinC brings together leaders so they can be supported and enhance their skills. LinC participants apply their learning to real community projects. The LinC programme is supported and funded by various organisations which help resource community projects. There are evenings where colleagues of participants come and on those nights up to 200 people participate and benefit from the programme.
14. There were almost 100 applications to be a part of LinC. Forty applicants were chosen to form a cohort. The Forum asked how well business is represented in the cohort and discovered it was limited but better representation was sought for future cohorts. The presenter would like help from the business community to find future participants.
15. The Forum noted that natural leaders had developed in response to the floods and an effort should be made to link them in to this programme. They also noted that communities are not just geographic and there would be leaders in those population groups interested in LinC. The Forum asked for a list of the participants in the first cohort.
16. The Forum was interested in LinC's future and how it would be led. LinC is preparing leaders for a new Canterbury. The Christchurch City Council was deliberately invited to lead the LinC Steering Group because of its role in the community. The Steering Group membership includes specifically allocated funding to potentially resource this programme into the future. There is also an evaluation wrapped around the programme to inform further development. Participants in the 2015 cohort will be encouraged to consider leadership roles in delivering this programme to future cohorts.

Recovery Matters Workshops

17. Martin Stuart spoke about Recovery Matters Workshops which are aimed at workplaces, NGOs, businesses and community groups that are part of the recovery. The workshops help people understand the processes they are going through. The workshops are based on those run by the Australian Red Cross in response to the 2009 Victorian bush fires and the International Red Cross' work but adapted to the Canterbury context.
18. The workshops equip people with the tools to become more resilient and promote a more resilient community. They examine the complex nature of stress and how it can be coped with. People become isolated after earthquakes, even if their houses are not destroyed. The workshops give people strategies to recover.
19. The workshops have been underway since the end of last year and NGOs have shown the most interest so far.
20. The Forum wanted to know how potentially interested people were being informed of the workshops. The presenter said that groups can book in via the Red Cross website, and individuals can phone in on 0800 468 873 to be linked to a session.

21. The value of each workshop is approximately \$1000, but provided free of charge.
22. Unfortunately, due to time constraints the penultimate slide was not presented but the Forum agreed the display of partnership and collaboration evidenced in the psychosocial recovery work was outstanding and would benefit Cantabrians immensely.

Decisions taken:

23. The Forum agreed to advise the Minister of Health that the Ministry of Health should survey the rest of New Zealand about wellbeing. It would provide context for the results in Christchurch and be invaluable for the future.
- The Forum agreed to conduct a closer analysis of the Wellbeing survey results for their future agendas.
 - The Forum agreed to write to the Minister for Canterbury Earthquake Recovery to show its support and gratitude to the Red Cross for the work the organisation has done, and continues to do in Canterbury, and to particularly highlight the individual grants the Red Cross has available.

Lyttelton Port Recovery Plan
Ingrid Gunby and Felicity Price – Environment Canterbury

Discussion:

24. Ingrid Gunby explained the background to the Lyttelton Port Recovery Plan (the Plan) and said the Forum would be asked for their feedback on the Plan, particularly the public consultation aspect. The presentation is at **Attachment B**.
25. The Lyttelton Port Company (the Port) identified it would need to apply for more than 100 resource consents to carry out the projects that make up the Plan. This would be a slow, inefficient and uncertain process, so the Minister of Canterbury Earthquake Recovery directed Environment Canterbury and the Port to develop the Plan within a tight timeframe.
26. The scope of the Plan was explained and the Forum asked how Environment Canterbury could respond to environmental concerns about the greater harbour, given they have no mandate to look at this. The Forum pointed out this is exactly what the community will want to engage in. The presenter said they are finding a way to progress the issue without straying from the Minister's scope, including making a commitment in the Plan for the development of a Whole of Harbour Plan.
27. The Forum heard ideas about expansion and reconfiguration. The presenter explained how enhancement was considered part of the recovery process. The Forum shared its thoughts on moving the container wharf, enlarging the marina and moving the cruise ship berth.
28. The Port has prepared a report on the environmental impact of reclamation and dredging. It was reviewed by Environment Canterbury and iwi. It showed there would be no impact on sediment transport in the upper harbour, beyond what exists now. The most significant issue Environment Canterbury has looked at is the sediment problem.
29. Pedestrian access to the port is very important. Environment Canterbury, the Port, Christchurch City Council and NZTA are involved to resolve the issues

surrounding this. The Forum emphasised how traffic is a major concern and the presenter noted that alternative access was not cost-effective for Lyttelton Port but could be in the future. The predictions for freight on Norwich Quay (700 truck movements a day) are as accurate as possible with NZTA, KiwiRail and the Port collaborating.

30. The Forum stressed Port of Tauranga's operations in Rolleston and changes to freight movement in Canterbury needed to be considered in creating the Plan.
31. The Forum was concerned about the ownership of the Port, which is uncertain, and the impact of a change of ownership on the Plan. It is critical for the public to have certainty about the Port's future.
32. The presenter explained the consultation timeline and the role of the Independent Hearing Panel to make a recommendation based on submissions. To depart from the recommendation Environment Canterbury would need a good reason.
33. The Port's data on their proposed changes is already available and Environment Canterbury's information would shortly be online too.
34. The three residents' associations in Lyttelton have been spoken with and additional public meetings are planned during the public consultation period. Meetings will be open to questions, listening, providing more information and guidance on making a submission.
35. The Plan is being promoted, especially where there is interest, but also is available in all libraries, including in Selwyn and Waimakariri. Take-home copies are not available because the Plan is too large. However, all residents' associations in Lyttelton will get a copy. The presenter would find out if the website was accessible for the blind.
36. The Forum was concerned about the consultation period, given that it is short at four weeks and the issues are complex. The Forum acknowledged the Minister's deadline for a draft plan, the need to progress the recovery and the background information already available. The interested parties would already know and be accessing the information available online.

Decisions taken:

37. The Forum agreed to support the consultation period for the Lyttelton Port Recovery Plan.
38. The Forum requested and the presenters agreed Environment Canterbury would return to update the Forum after the public consultation and hearing panel process.

Meeting closed:

8.10pm

Next meeting:

16 April 2015

Attachment A

Psychosocial Recovery

Denise Kidd, General Manager – Community Resilience, CERA
Lucy D'Aeth – CDHB and Co-Chair Psychosocial Committee

Contributors to presentation:
Dr Chris Jansen - Leadership in Communities
Martin Stuart - Red Cross Recovery Matters Workshops
Sue Turner - All Right?



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Community in Mind Strategy

Three priority areas



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Psychosocial Recovery

The Scale and Trajectory

- May 2011, Sir Peter Gluckman estimated 5% of the population would experience significant mental illness as a result of the earthquake (21,803 people across greater Christchurch)
- Strong evidence shows that intensity of primary and secondary stressors can increase mental illness
- Over time different stressors have impacted differently on the residents of greater Christchurch.
 - o September 2012: primary stressor was aftershocks
 - o 2013: insurance, repair and rebuild decisions
 - o 2014 'daily grind' of living without critical social infrastructure, navigating broken roads, and living in a damaged environment.
- Psychosocial recovery is reliant on progress in other environments



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PSYCHOSOCIAL RECOVERY IN GREATER CHRISTCHURCH AT MARCH 2015

International literature tells us:

- psychosocial recovery takes 2-10 years
- we are likely to see a higher demand for mental health services
- potential for long-term mental health issues for children and young people
- secondary stresses (personal and care-related) prolong long-term mental health
- psychosocial recovery is directly linked to progress in other environments (ie housing sector)

Based on analysis of previous international literature, the Prime Minister's Chief of Staff, Advisor Sir Peter Gluckman has estimated that up to 21,803 people in greater Christchurch may experience significant mental health issues as a result of the earthquake.

Risks to psychosocial recovery are:

- a crisis significant event
- delays in meeting immediate needs
- poor or non-management of authorities' functions
- multiple stressors for direct and managing systems and/or disputes with insurers
- lack of capacity to manage political complexities
- higher income, lower quality of services
- continued pressures in the aftershock period housing market
- lack of community supports
- delays in recovery of community centres and places for leisure, sports, arts and recreation
- lack of access to civil and emergency services and resources in the emergency (including in schools) (young people)
- increasing disparities between those who are supported and those who are not
- growth of population movement in search of shelter
- tightening labour market in the residential sector

Complexity of cases

- More vulnerabilities
- Housing needs
- Increased housing complexity
- Increased social/family vulnerability
- Care complexity

The residential sector recovery success trajectory (likely to necessary in September 2015)

- Low income households
- People with unmet recovery needs
- Renters
- People living with a health condition or disability

Enablers of psychosocial recovery are:

- a committed mix of engaged and passionate focused services and supports directed both to individuals and an essential base in line with the strategic approach agreed across multiple agencies
- alignment across agencies in other recovery domains (ie residential housing sector infrastructure rebuild, ongoing monitoring, building and construction services for multiple agencies - including strong governance structures)
- flexibility to adjust services in response to changing social, changing circumstances



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Psychosocial Recovery

The Affected Groups

The following set of vulnerable were as at September 2014.

There is movement in vulnerability

- Christchurch mean score on WHO-5 Index was 13.9 with 43% population falling below the mean (187,504 people in greater Christchurch)
- The following populations were disproportionately below the mean:
 - people living with a health condition or disability (65%)
 - people with unresolved insurance claims (60%)
 - low income households (54%)
 - Renters (48%)
- Other wellbeing measures have indicated that those living in temporary accommodation and Maori also experiencing greater recovery challenges
- Youth Wellbeing Survey 2013 (12-24 year olds) stressors impacting on young people's recovery:
 - loss of places and spaces for socialising (25%)
 - being in a damaged environment (18%)
 - dealing with parent's earthquake related stress (17%)
 - transport problems (17%)



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Psychosocial Recovery

The Affected Groups

COMMUNITY

Geographical

- Burwood – Pegasus wards experiencing slower recovery compared with the rest of Christchurch.
- Higher proportion of Burwood – Pegasus residents score below the greater Christchurch mean WHO-5 score indicating a greater risk of poor mental health outcomes.
- Movement higher in Burwood-Pegasus due to high proportion of Red Zone in the ward
- In greater Christchurch - massive population movement as people permanently or temporarily relocate. 37% respondents report having moved since September 2010, 26% as a result of the earthquakes. (CERA Wellbeing Survey)



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Psychosocial Recovery

The Risks

- New significant event (flooding, earthquakes)
- Insurance claims – further delays in resolving claims
- Vulnerable homeowners- poor client management by insurers/PMOs
- 'Hidden' stressors- faced by homeowners self-managing repairs and/or working through dispute processes with insurers
- Poor quality of repairs
- Affordable rental housing market – continued pressures
- Community support – lack of
- Access to timely /appropriate services, supports in the community – lack of
- Employment opportunities as rebuild completed – reduction
- House prices - may stabilise or drop as rebuild completed



Shared Programme of Action (SPoA)

- Sits under and helps implement the Community in Mind Strategy
- Oversight and contributions from the greater Christchurch Psychosocial Committee
- Expands on the priority actions outlined in the Strategy: *Community led, Communication and Engagement, Innovative Service provision*
- Provides information about the activities being delivered and planned to help achieve community wellbeing in Christchurch
- New work and reorientation of usual business
- Will include a monitoring component
- Led by the collective of groups, agencies and networks who partner through Psychosocial Committee
- Independent review by external experts in psychosocial recovery
- The Community in Mind Strategy and SPoA have been developed for period beyond CERA, until 2017
- Actions within the SPoA reflect the reducing role



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Shared Programme of Action

COMMUNITY RECOVERY

Priority Action (from the Strategy)		Activity Description and Deliverables	Lead/Support Organisation	Timing
Provide accessible leadership development opportunities for community leaders and service providers	CA.1	Leadership In Community (LiNC) – a capacity building project to build on the skills of volunteers and informal community leaders across different geographical/vulnerable communities. Participants will work with networks within their respective communities to deliver a range of community projects.	Christchurch City Council in collaboration with CRT, UC, MSD, WDC, other community representatives, Red Cross, CERA, Trusts Foundation, Leadership Lab and Wayne Francis Charitable Trust	Since December 2014 and continuing
Build an understanding of psychosocial recovery, how it affects people differently and ways to care for each other	CA.1	Recovery Matters Workshops – to empower communities and workplaces to support themselves and others in recovery. Red Cross provides 100 community information sessions and 100 workplace workshops per year. In addition, 40 service industry training sessions will be delivered to agencies and businesses working in the rebuild and recovery.	Red Cross	Toa
Share understanding about psychosocial impacts experienced after a disaster and strategies to improve wellbeing	CA.1	All Right? Campaign – a mental health promotion campaign aimed at supporting communities affected by the Canterbury earthquakes. The campaign is broad based and has extensive presence in Christchurch including on billboards, newspapers, bus stops, buses and social media. Includes specific messaging for different communities such as the Pacific community.	Mental Health Foundation, CCHG, Community and Public Health and the Ministry of Health	Toa



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SPOA - Leadership in Communities

Supporting community-led recovery

COMMUNITY RECOVERY

- Support and encourage communities to shape and lead their own recovery
- Build on capacity, knowledge and skills within the community to build resilience
- Provide accessible leadership development opportunities for community leaders as well as service providers



people thrive in communities which thrive with leadership who thrive with support



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[LiNC video](#)

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SPOA - Red Cross Recovery Matters Workshops

Supporting community-led recovery

COMMUNITY RECOVERY

- Share understanding about psychosocial impacts experienced after a disaster and strategies to improve wellbeing



Recovery Matters workshops



SPOA - All Right? – Messages to Parents

Supporting community-led recovery

COMMUNITY RECOVERY

- Share understanding about psychosocial impacts experienced after a disaster and strategies to improve wellbeing
- As part of the package of parenting support to provide additional support for parents of greater Christchurch over the coming year.....

All Right? Targeting Messages to Parents

Further adaptation of the All Right? campaign. Specific messaging around minimising impact of stressors



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What is Psychosocial Recovery?

when people are interested and engaged in life
when they live with purpose and meaning
and they feel positive most of the time.



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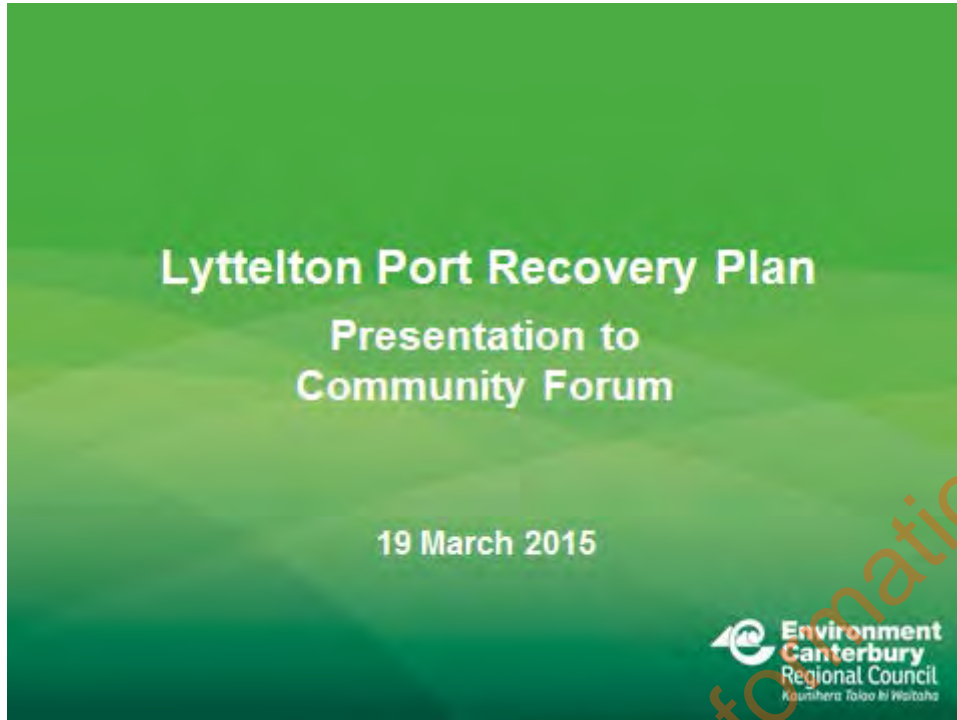
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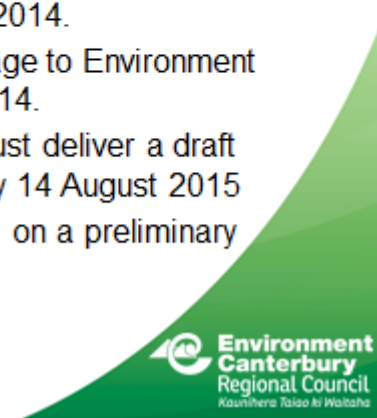
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Attachment B



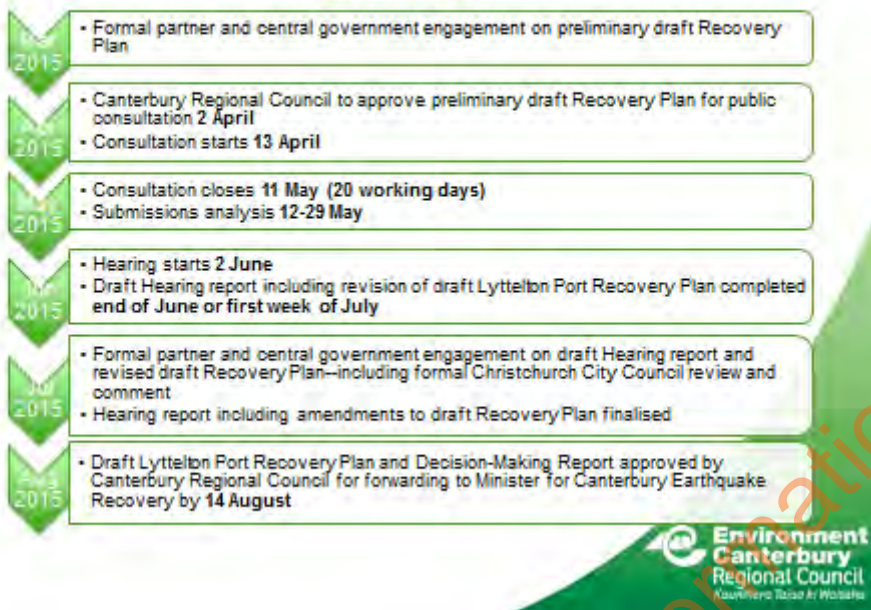
Background

- Minister for Canterbury Earthquake Recovery directed Lyttelton Port Company and Canterbury Regional Council to prepare a draft Lyttelton Port Recovery Plan (LPRP) in June 2014.
- LPC provided information package to Environment Canterbury on 13 November 2014.
- Canterbury Regional Council must deliver a draft Recovery Plan to the Minister by 14 August 2015
- Process must include consulting on a preliminary draft and holding a hearing



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Timeline



Key Issues

- Purpose and scope of Recovery Plan
 - This is a Recovery Plan for the Port, not for Lyttelton or for Lyttelton Harbour as a whole
 - Aim is to provide certainty for Lyttelton Port Company and for community about how the Port will recovery
 - Many key environmental concerns require a whole-of-harbour approach—how can/should this be addressed?
- Definition of “recovery”—especially in relation to proposed reclamation
 - Tested under CER Act and Court of Appeal decision CRC v Independent Fisheries & Others NZCA 601

Key Issues (continued)

- Rule status for the reclamation
 - Preliminary draft for consultation has it as controlled activity, with public notification required
- Transport – especially in relation to Norwich Quay and the Dampier Bay redevelopment
- Ferry terminal
- Securing improved public access to the waterfront

Consultation

- Public consultation opens on 13 April
- Submissions can be made on the plan within 20 working days, closing 5pm 11 May
- Can be submitted by post, email or fax
- Submissions for this are unique in that submitters must submit all evidence with their written submission
- Copies of the plan will be available at libraries, service centres and at the Environment Canterbury and CCC offices
- The plan will also be available on the Environment Canterbury website

Consultation (continued)

- Public Meetings
 - Tuesday 14 April – Naval Point Yacht Club in Lyttelton
 - Monday 20 April – Diamond Harbour Community Centre
 - Meetings are also planned in Christchurch and at the Rāpaki Marae – dates to be confirmed this week
- Portacabin corner Oxford St and London St
 - Open 9th April – 13th May
 - Thursdays 10 - 2
 - Saturdays 10 - 12.30



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Kaitiaki Take Kōwhiri

Hearing

- Hearing set to start on 2 June and expected to run for 1-2 weeks
- To be held at the Naval Point Yacht Club with some days at Te Wheke Marae, Rāpaki
- There will be a Hearing Panel of 3 members
- Anyone who lodged a submission and indicated their wish to be heard is able to speak
- Presentations will be limited to a 15 minute summary followed by questions from the panel – extensions will be granted on a case by case basis



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Questions/Comments



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